



Singing & Signing Resource Pack

Good Day

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Good Day - Learning Guide

Range: A 6th (6 notes, C to A)

Parts: 1

You should always read the Singing and Signing Resources Guide in your downloaded resource pack before you start teaching this song to your group. It's important that as the leader you learn the signs first, especially if you're new to signing.

Context

This is a fun and lively Spanish song called Buenos Dias, which means Good Day translated into English. It's one of our favourite welcome songs and always goes down well with all our groups. It has a catchy tune and only a few signs that are really easy to learn.

It's a great 'getting to know you song' which we often use to start our workshops, especially when we're working with new groups. There's a nice section where people can greet each other with a wave, a handshake or another gesture of greeting.

One thing you might like to try is to do 2 claps in the instrumental section just before the chorus starts, right when you hear the 2 clicks / cymbal high hats. The track is quite fast, so you might want to slow it down in Speedshifter while you're learning it (see our Singing and Signing Guide for more information about Speedshifter).

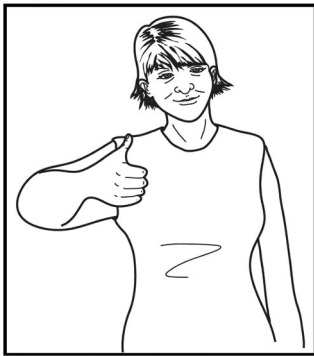
You can watch a full version of this song being performed by one of our leaders [here](#). We've also created [a teaching video of the full song](#) for you to use alongside this resource pack.

Structure

1. There is an 8-bar introduction where you might want to click, clap or dance. Let your group decide. Come in at the same time as the tambourine starts.
2. The song has a simple verse – chorus structure:
 - Chorus
 - Verse
 - Chorus
 - Verse
3. An 8-bar instrumental comes between the verse and chorus and again at the end for some more dancing.

Good Day – Sign Sheet (Chorus X2)

GOOD



Working thumb hand (palm back, pointing in) held up in front of body. Directional sign.

DAY



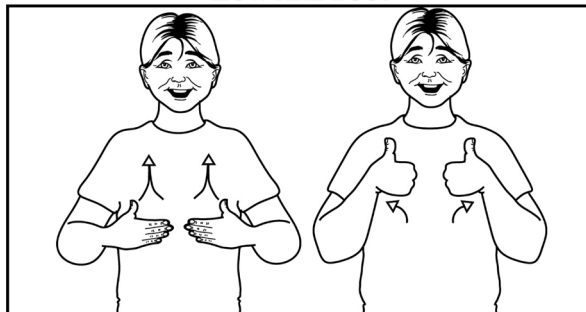
Flat hands (palms back, pointing in/up), in front of face, move out in small arc.

Good

day

x 3

HOW ARE YOU?





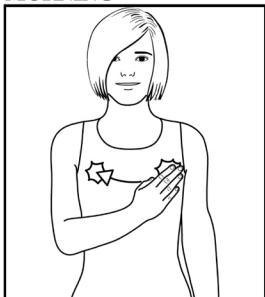
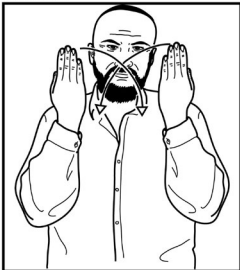
Flat hands (palms back, pointing in) thumbs extended, move up body and forwards; fingers close to thumb hands to sign "good".

How are you?

Good Day – Sign Sheet (Chorus X2)

A WAVE, HANDSHAKE OR ANOTHER GESTURE OF GREETING

Good day to you my friend
(repeat line)

<p>TO HOPE</p>  <p>Working crossed index and middle fingers (palm back, pointing up) make short forward movement. Sign with two hands for emphasis.</p>	<p>HAPPY</p>  <p>Working cupped hand strikes twice across supporting palm moving towards heel of hand.</p>	<p>MORNING</p>  <p>Working flat hand (palm back, pointing in/up) taps supporting side of upper chest and moves across to tap working side.</p>	<p>NIGHT</p>  <p>Flat hands (palms back, pointing up) held in front and to each side of face, bend towards each other from wrists until hands touch with working hand in front.</p>
I <u>hope</u> you	are <u>happy</u>	from <u>morning</u>	'till <u>day end</u>